Category:

**Bachelor and Masters** 

Project:

TOTU/IT'S HERE a tool design supporting the identification of non-specific erogenous zones for people with peripheral sensetion disorder.

### What was the challenge?

Everyone has sexuality and this sexuality is independent of disability. For all of us, it is associated with the need for intimacy, experiencing touch, intimacy, pleasure, and orgasm. These needs are not conditioned by whether we experience a disability or not. Despite this, many myths and stereotypes have arisen around the sexuality of people with disabilities. 1/3 of people with disabilities heard from someone that sexuality should not concern them and if they speak about sexuality it should only consist medical needs and informations.

The stigmatization of sexuality of people with disabilities has its origin in the perception of sexuality only as a genital sexual act. One of the problems behinde stereoptypes is that subject of the sexuality is perceived as a sensitive with many communication obstacles.

## What was the solution?

TOTU is body map and collage solution.

# body+map+collage

Searching for non-specific erogenous zones as a solution for stereotype that sexuality it's only a genital sex act. Body mapping method - self-observation as a source of knowledge about one's own sexuality. Collage as a accesable art method for communication and non-literal way speaking about sexuality. Collage and art methods creates staging to speak about sensitive subjects.

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people with disabilities



individual person









availability of body map method



changes







#### What was the effect?

TOTU was implemented at the Academy of Fine Arts in Katowice in 2022. The work included the design of the tool, identification, service and implementation in cooperation with the Sekson Project.

Implementation consisted workshops using TOTU, an exhibitions and an immersive space for society to talk about sexuality. TOTU is used by variouse groups of people and also in therapeutic work and during sexual rehabilitation. It is a universal design that is willingly used by diverse social groups including non disabled people willing to make their own collage, interested to see collages made by other people and learn more about what sexuality of disabled people really is.





















































80

collages made by people with diverse type of diasbilites

exhibitions

workshops